

**FOR IMMEDIATE RELEASE**

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**DEVELOP A LIFE-CHANGING RELATIONSHIP WITH A  
PERSONAL NUTRITIONIST AT INVITE HEALTH**

**Free Personalized Health Consultations at All InVite Health Nutritional Boutiques**

New York, NY - In this anti-aging and self-improvement era, we have seen the rise of personal trainers, personal chefs, and personal therapists. Now consumers seeking preventive and therapeutic personal health management can have their own **personal nutritionist**, free of charge, at any of the nine **InVite Health** nutritional boutiques in the New York Metro area (Manhattan, Queens and Long Island).

Rather than investing in the costly services of a private nutritionist or naturopath physician, all **InVite Health** customers can benefit from the personalized, research-based counsel on diet, exercise, prevention, and condition-specific concerns offered by these accredited nutritional health experts.

Breaking from the clutter of health food/vitamin stores that simply stock and sell supplements, **InVite Health** has become an innovator in the industry by making each of its nutritional boutiques a service-oriented destination for consumer health and nutrition, as well as providing a focused proprietary line of highest-quality nutritional products.

According to Steven Kornblatt, **InVite Health** CEO and founder, “Instead of just leaving a vitamin store with a bag of products, customers walk out of an **InVite Health** nutritional boutique with a roadmap for wellness that is scientific, personalized and safe.”

**InVite Health** nutritionists, all holding advanced degrees, can advise on sound strategies that can be integrated into the customer’s lifestyle and recommend the best products and well-balanced programs to:

- Work in synergy with or counter the side effects of certain prescription drugs, or provide safe, alternative programs (every drug impacts/interferes with nutritional absorption of certain vitamins and enzymes). Customers can come in with their prescriptions and get straightforward advice on what is contra-indicated.

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- support optimal health in a specific area, such as immune function, bone health, digestive function, weight management and joint health. Customers often bring in their medical reports, blood tests or cholesterol scores to get an independent recommendation from the perspective of **InVite Health** nutritionists.

Visit the new **InVite Health** boutique at 694 Third Avenue, between 43rd and 44th Streets, and experience the friendly ambience and healthy offerings of the **anTEAoxidant bar**. It is one of eleven boutiques located throughout Manhattan; in Forest Hills, Queens; New Hyde Park in Long Island; and two in New Jersey at Garden State Plaza and Woodbridge Center Mall. For more information on **InVite Health**, call toll-free (800) 349-0929 or visit [www.invitehealth.com](http://www.invitehealth.com).

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