

# How can we help you live a better, healthier life?

Bring this form to any one of our 12 retail stores

Call Toll-Free: 1800.844.9060

Fax Toll-Free: 1800.616.5770

Log on to our website at [www.InViteHealth.com](http://www.InViteHealth.com)

Our nutritionists will review and then communicate directly with you  
How would you like us to contact you for your complimentary consultation?:

Phone  E-mail

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Phone Number (optional): \_\_\_\_\_

Age Range:  0-20  21-30  31-40  41-50  51-60  61-70  71+

Sex:  Male  Female

## Nutrition Habits:

How would you rate your diet?  Poor  Fair  Good  Excellent

How often do you eat fresh fruit and vegetables per day? \_\_\_\_\_

What dietary supplements are you taking? \_\_\_\_\_

Do you currently exercise regularly?  No  Moderately  Regularly

Are you concerned about any specific health issues?  Yes  No

If so, explain: \_\_\_\_\_

What health goals would you like to achieve?  Diet  Stress Reduction  Exercise  Anti-Aging  
 Digestive Health  Immune Support  Joint Health  Bone Health  
 Improved Sleep  Improved Energy  Cardiovascular Health

How would you like to improve your health with nutritional protocols? \_\_\_\_\_

**Upper East Side**  
260 E 72nd Street  
(SW corner of 72nd St & 2nd Ave)  
New York, NY 10021

**Downtown**  
434 Sixth Avenue  
(at 10th Street)  
New York, NY 10011

**Westbury**  
900 Shames Drive  
Westbury, NY 11590

**Paramus**  
One Garden State Plaza  
Paramus, NJ 07652

**NEW Summer 2015**  
**Brooklyn**  
394 Myrtle Avenue  
Brooklyn, NY 11205

**Upper East Side**  
221 E 86th Street  
(Between 2nd & 3rd Avenue)  
New York, NY 10028

**Brooklyn**  
1942 Ralph Avenue  
Brooklyn, NY 11234

**Forest Hills**  
107-10 Continental Avenue  
(off of Queens Boulevard)  
Forest Hills, NY 11375

**Boca Raton**  
Paseos Plaza  
2621 N Federal Highway Suite #E  
(Between Glades and Yamato Roads)  
Boca Raton, FL 33431

**Upper Midtown**  
1159 2nd Avenue  
(at 61st Street)  
New York, NY 10065

**Bronx**  
710 E 233rd Street  
Bronx, NY 10466

**New Hyde Park**  
1645 A Jericho Turnpike  
(2 Blocks east of New Hyde Park Road)  
New Hyde Park, NY 11040

